1. **Welcome & Mindful Moment – Allison Thummel, SHAC Chair**

**Allison calls the meeting to order at 12:02 with a Mindful Moment s to to immerse the mind in a farm**

* 1. **Personal Objective of Meeting\***

**Allison asks everyone to write their main objective of the meeting on a sticky note. Bethany has a prize for the winning entry that will be drawn later**

* 1. **Celebrating Shared Dreams Donation Drive\***
  + **Action Item: SHAC members and guests requested to bring food for Dec 6 SHAC meeting**
  + **Allison says that Payal Pandit works with Shared Dreams. At this meeting and December bring canned goods and packaged containers of food. This would be a great student initiative. Stephanie Ellis and MecKela Ruggs are two new members**
  1. **SHAC Executive Team Introductions**
  + **Allison introduces Catalina Flores-Rau as Vice President, Dana Tran is also Vice President and Membership, Melanie Anbarci is absent but oversees Communications sick, Jigisha Doshi will come In late but takes attendance, Jenna Ross is secretary**

1. **Presentations (Time: 12:10-12:50 pm)** 
   1. **Student Engagement Survey Results—Tiffany Unruh, Director of Strategic Planning for FBISD**
   * **Survey results were shared with Board of Trustees earlier this year**
   * **These results are from 2022-23**
   * **1000 more students participated in 2022 because their parents allowed them to opt into the survey**
   * **Survey is nationally normed, but is modified to include district priorities**
   * **All scores of engagement dropped, but stayed in the moderate range**
   * **Areas of strength went up as scored, areas of concern went down**
   * **A previous year goal was that kids said they could talk to an adult about post school readiness and that went up**
   * **The elementary survey was read out loud to ensure low literacy wasn’t a barrier to students answering questions**
   * **It’s important to note that cognitive engagement was high in elementary responses**
   * **Fewer students are saying they are engaged in clubs and activities then pre pandemic**

**Q How many clubs and activities less are students participating in? A More student spend less time in clubs and activities**

**Q Is the survey anonymous? A Survey is confidential to look for comparative trends**

**Q Who is charge of positive change? A The district improvement plan will have indicators. The BoT approved tracking changes in a previous meeting**

**Q Why were elementary students asked about post high school? A We know getting kids excited early tends to follow them as they go through middle and high school**

**Q Is there anything similar for HS students? A In the secondary responses, we saw a lot of success this year in regard to previous years**

**Q It would be nice to look at how middle school changes responses A Engagement peaks in 6th, dips in 8th and 9th, then increases back in 10th**

* 1. **SHAC Supporting Farm Fresh Month, Nicole Juracek, Neill PTO Vice President**
  2. Allison introduces Bethany Bousa from Amenity and Harvest Green
  + Bethany says the primary objective of the farm is to serve Harvest Green, but serving children and the community is important
  + Last year Harvest Green partnered with Neil and Commonwealth for Harvest of the Month, the farmers appreciated thank you cards from kids
  + There are farm tours available for the public
  1. Allison introduces Nicole Juracek a member who shares best practices for starting a garden from Neill Elementary School’s garden:
  + The school lights up the garden for school events
  + They planted seeds in eggshells, then planted the eggshells,
  + Fast growing plants are kale and lettuce and free plants.
  + Last year they grew enough lettuce for Harvest of the Month one year, and they featured the kids as the farmers that month
  + All of Fort Bend County is in the path of monarchs and they eat rue, parsley and dill
  + Garden club is cheap
  + Over the summer pull out beds when no one is there, but girl scouts can water and need hours
  + If you email seed companies they will send you many packets, the more you communicate needs the more people offer resources
  + Nicole is always happy to share seeds and knowledge **12:31**

1. **Administration** 
   1. **Vote Minutes, September 6, 2023 SHAC Meeting- Jenna Ross, SHAC Secretary**
   * **Allison says there is a correction to distributed minutes, Vanessa Gaona was in attendance at the September meeting**
   * **Motion to approve minutes as distributed and corrected by Pearl Lam, seconded by Sandy Bristow,, All are in favor, none opposed**
   1. **Brain Break- Which side of the room**
   2. **Past Events & Upcoming Events- LaDonna Green, Wellness, Health & Prevention Specialist 12:46**
   * **LaDonna says she will discuss current events, and asks students to stand who made tonights webinar,**
   * **Allison comments: Harvest Fest will have free food**
   * **Sandy Bristow invites everyone to join Action for Healthy Kids (AFHK) Fall summit, Allison will speak, two students are needed for a zoom panel**
   * **LaDonna says a lot of Campus Wellness Committees (CWC) are doing a great job with Walk to School**
   * **Action Item: Liaisons and students: look into joining Campus Wellness Committee**
   * **Allison wants students to think of themselves as liaisons, and students should think of themselves as liaisons and students should join their CWC. SWC’s can reach out to younger kids and use the survey information for their campus, and put health initiatives on social media**
2. **Meeting in Closed Session 12:58 Subcommittees Convene**

**Meeting Resumes 1:24**

* **Angela Espinosa (Espi) November 29th will be this years Think Tank. Last year Hightower won.**
* **Allison Q: Can students access SHAC stakeholders? A. They are welcome**
* **Espi says all 11 high schools participating in the SWC will have teams this year**

1. **Meeting Closure-Allison Thummel**

* **Allison announces LaDonna Green draws Fizza Naqui from Travis High School won the produce share from Harvest Green, and thanks everyone for celebrating farm fresh month and closes the meeting at 1:31**